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Maura Knowles

# Strengths Insight Report

SURVEY COMPLETION DATE: 08-06-2019



DON CLIFTON

Father of Strengths Psychology and  
Inventor of CliftonStrengths

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## Your Top 5 Themes

1. Empathy
2. Intellection
3. Connectedness
4. Responsibility
5. Input

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## Empathy

### SHARED THEME DESCRIPTION

People exceptionally talented in the Empathy theme can sense other people's feelings by imagining themselves in others' lives or situations.

### YOUR PERSONALIZED STRENGTHS INSIGHTS

#### What makes you stand out?

By nature, you might have a fondness for most individuals, and as a result they may be attracted to you. Maybe they sense you understand what they are feeling, thinking, or experiencing at the moment. Perhaps particular people appreciate your ability to sense their emotions or your willingness to listen to their ideas. It's very likely that you notice that people feel comfortable telling you their innermost thoughts and feelings. Often you sense the moods of individuals without them having to say a word. As a result, you can ask questions and broach — that is, bring up and introduce — topics with people who are naturally reserved, timid, or shy. Chances are good that you feel honored when someone entrusts his/her innermost thoughts and feelings to you. Nonetheless, the person needs to initiate the conversation. Otherwise, it is unlikely to happen. You are reluctant to bring up sensitive topics and delicate questions. You tend to worry about leaving the impression that you are prying or being nosy — that is, unduly interested in the private affairs of the person. Driven by your talents, you might give yourself credit for being keenly aware of certain people's moods, motives, thoughts, or behaviors. Instinctively, you occasionally sense your own feelings of regret, failure, disappointment, or loss. Perhaps some of your talents help you deal with certain negative emotions, people, or experiences.

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## Intellection

### SHARED THEME DESCRIPTION

People exceptionally talented in the Intellection theme are characterized by their intellectual activity. They are introspective and appreciate intellectual discussions.

### YOUR PERSONALIZED STRENGTHS INSIGHTS

*Depending on the order of your themes and how you responded to the assessment, some of your themes may share identical insight statements. If this occurs, the lower ranked theme will not display insight statements to avoid duplication on your report.*

1199471003 (Maura Knowles)

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## What makes you stand out?

By nature, you might delve into subject matter that intrigues you. Perhaps you read, write, listen to lectures, experiment, or research selected topics to broaden your understanding of them. Sometimes you think of questions no one else has ever asked. Sometimes you find your own answers. Instinctively, you are comfortable saying, “I am a fine educator.” You probably converse with others in your field about ideas, theories, or concepts to gather the latest thinking. Using these insights, you are apt to draw your students into discussions that entice them to explore topics. You want them to really understand the subject rather than memorize a few facts just to pass a test. Because of your strengths, you pay close attention to intelligent conversations. You have a knack for giving credit to individuals who make key points that advance everyone’s understanding of a theory, concept, or idea. You file away or make a mental note about this information, knowing it will be useful one day. Driven by your talents, you sometimes enjoy instructing others. Because you like to read, you probably have more information to share with your students than some educators do. The individuals you tutor benefit from the facts or insights you gather from the printed page or the computer screen. Chances are good that you usually are quiet during conversations, taking in everything that is said. You are particularly attentive when intelligent people toss about their ideas, theories, or concepts. Often you acquire more information and gain more insights than the speakers do. When you choose to expound on a topic that interests you or pose pertinent questions, many individuals listen carefully to every word you utter.

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## Connectedness

### SHARED THEME DESCRIPTION

People exceptionally talented in the Connectedness theme have faith in the links among all things. They believe there are few coincidences and that almost every event has meaning.

### YOUR PERSONALIZED STRENGTHS INSIGHTS

#### What makes you stand out?

By nature, you choose to associate with people whose philosophical perspective gives them both balance and courage in the face of adversity. Driven by your talents, you know you are a strand in the intricate web of life. You search for ways to link with individuals who also ponder concepts, theories, or philosophies. In their company, you are apt to discover or rediscover your special place and purpose in life. Chances are good that you consider people more important than things. The value you place on humankind guides your decision-making. It also influences what you say and do as well as what you choose not to say and do. Instinctively, you continually seek wisdom from people with whom

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you have intelligent conversations. You not only listen but also share your thoughts. In the process, you are likely to move beyond concrete facts. Your curiosity draws you to speculate — that is, reflect or wonder — about theories, ideas, or concepts. To keep your mind fresh, you frequently quiz individuals who are equally fascinated with the intangible and abstract aspects of life. Because of your strengths, you sense every event is somehow the consequence of a series of actions, reactions, or lack of actions. You can accept that which cannot be fully explained using logic. You say there are no accidents. You are confident that things are linked together for a purpose that may or may not be revealed to you.

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## Responsibility

### SHARED THEME DESCRIPTION

People exceptionally talented in the Responsibility theme take psychological ownership of what they say they will do. They are committed to stable values such as honesty and loyalty.

### YOUR PERSONALIZED STRENGTHS INSIGHTS

#### What makes you stand out?

Chances are good that you are quite comfortable being honest about yourself with others. You harbor very few illusions about who you really are. Furthermore, you can openly acknowledge your mistakes and shortcomings. This is apt to distinguish you from most people. Because of your strengths, you may be the team member who wants to be held accountable for the results you produce or the obligations you assume. Sometimes you can admit when you are wrong. Other times you might accept, without complaining, the consequences of your words or deeds. Instinctively, you might be described by your teammates as someone who keeps promises. Maybe certain people trust you so much they do not keep checking on your progress. Perhaps they have discovered over time that you honor your commitments. It's very likely that you are comfortable being open and honest about who you are. Often you intentionally avoid people who are less than truthful. You prefer to spend time with individuals who speak as candidly as you do about their strengths, shortcomings, hopes, disappointments, failures, or successes. By nature, you may refuse to shirk obligations. You might be particularly eager to fulfill your commitments. Perhaps you are described as earnest and dependable.

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# Input

## SHARED THEME DESCRIPTION

People exceptionally talented in the Input theme have a need to collect and archive. They may accumulate information, ideas, artifacts or even relationships.

## YOUR PERSONALIZED STRENGTHS INSIGHTS

### What makes you stand out?

Instinctively, you may have labored to broaden your vocabulary. Perhaps your collection features theoretical or complicated words. If you use these to write or speak, some people might conclude you have official authority over them. Perhaps certain individuals assume that your elaborate language somehow confirms that you are in a position of dominance. By nature, you may insert intricate or theoretical words into your academic or professional conversations and writings. Your interest in language partially explains why you enjoy mastering specific types of words and their definitions. While some individuals are required to memorize new terms in classes or seminars, perhaps you automatically commit specific words to memory. Occasionally you describe this experience as pleasurable. Driven by your talents, you may master specialized vocabularies to perform certain tasks correctly. Perhaps you realize every field of study and work has its own glossary of terms. You might add new words and definitions to your vocabulary. If some people ridicule you for being single-minded — that is, determined to gain fluency in this new language — you might ignore them. Sometimes doing your job properly seems to be more important to you than being popular. It's very likely that you periodically interject highly technical language into your conversations — language that may be understood by a limited number of people. Perhaps your vocabulary, in and of itself, alerts listeners that your ideas and opinions carry some extra weight. Maybe your air of authority causes certain individuals to take seriously whatever you tell them. Chances are good that you might feel discontent when you can't acquire knowledge of a historical nature. This partially explains why you seek the company of people who are students of the past. You may enjoy conversing with them, asking questions or listening to their stories. To some degree, individuals who have lived through momentous times or who have experienced unparalleled changes in politics, science, economics or entertainment intrigue you.

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